



Freedom to *teach*...
Freedom to *learn*

The Art of Being
a Waldorf Teacher



ASSOCIATION OF WALDORF
SCHOOLS OF NORTH AMERICA

“Our highest endeavor must be to develop free human beings who are able of themselves to impart purpose and direction to their lives. The need for imagination, a sense of truth, and a feeling of responsibility—these three forces are the very nerve of education.”

– Rudolf Steiner

In the heart of a Waldorf teacher lives the commitment to help each student reach for his or her highest potential. Waldorf teacher preparation gives you a deep understanding of the whole human being as it unfolds through the critical phases of toddler, child, and teenager—so that you can guide students on their life journey.

“What I transform in my own life becomes a source of freedom in my students’ lives.”

– EM, Grade School Teacher

Equally important is the Waldorf teacher’s commitment to ongoing self-development. Waldorf teacher preparation stretches you in all directions—socially, intellectually, physically, and artistically—to push you beyond your comfort zones and help you develop the capacities needed to inspire your students.



“If someone wants to make a difference in the world, I can’t think of anything more relevant for our times than becoming a Waldorf teacher.”

– JBF, Kindergarten Teacher

“The teacher is free to teach in the way he or she feels is best suited to the children. There’s a general curriculum, but there’s great freedom in how one brings the curriculum to the class.”

– JC, Grade School Teacher

Waldorf teaching is, above all, an art. Waldorf teacher preparation builds the capacities needed to create lively, memorable lessons in which your students are engaged and self-motivated. Your colleagues in teacher preparation—as well as your fellow teachers in a Waldorf school—will help you continue to grow and develop.



“As a Waldorf teacher, I’m given a group of students with very different abilities and my goal is to get each of them to achieve his or her best in every level of life, not just academically.”

– JO’B, High School Teacher

See For Yourself!

- Watch our portraits video of four teachers sharing their joys and challenges as Waldorf educators.
- Explore the websites of the teacher education institutes listed in this brochure.
- Contact one of them – or your local Waldorf school – for a visit.

To learn more about becoming a Waldorf teacher, please visit

www.whywaldorfworks.org

Waldorf Teacher Education

TYPICAL COURSES OFFERED IN A WALDORF TEACHER EDUCATION PROGRAM

- Child development: body, soul, and spirit
- Phases in human biography: rhythms of life
- The evolution of consciousness through historical ages
- Art history: from ancient to modern times
- Painting, sculpture, woodcarving, fiber arts, drawing
- Singing, recorder playing, reading music
- Artistic speech, drama, storytelling
- Eurythmy: a new art of movement
- Spacial Dynamics: a new approach to physical education, games, sports
- Biodynamic gardening
- Social issues: working with parents, colleagues, groups
- Fairy tales, stories, and legends: their relevance for education
- The craft of teaching: shaping the lesson, forming the class
- The art of teaching math, language, and science through the grades
- Development of the imagination
- Phenomenology; a basis for new scientific understanding
- The Humming Classroom: getting your class to work hard like a happy hive of bees

Waldorf Teacher Education Institutes

Antioch University New England,
Waldorf Program
Keene, New Hampshire
www.antiochne.edu

Bay Area Center for Waldorf Teacher Training
Sausalito, California
www.bacwtt.org

Center for Anthroposophy
Wilton, New Hampshire
www.centerforanthroposophy.org

Rudolf Steiner Centre Toronto
Thornhill, Ontario, CANADA
www.rsct.ca

Rudolf Steiner College
Fair Oaks, California
Fair Oaks and San Francisco Campuses
www.steinercollege.edu

Waldorf Institute of Southern California
Los Angeles, California
Los Angeles and San Diego Campuses
www.waldorfteaching.org

Waldorf Teacher Education Eugene
Eugene, Oregon
www.wtee.org

Arcturus Rudolf Steiner
Education Program
Chicago, Illinois
www.arcturus.info

Centro Antroposòfico de Mèxico
Cuernavaca, Morelos, Mèxico
www.antroposofiamexico.org

Great Lakes Teacher Training
Milwaukee, Wisconsin
www.waldorftraining.com

Kula Makua – Adult Waldorf Education
Honolulu, Hawai'i
www.kulamakua.org

Sound Circle Center
Seattle, Washington
www.soundcircle.org

Sunbridge Institute
Spring Valley, New York
www.sunbridge.edu

Waldorf Institute of Southeastern
Michigan
Ann Arbor, Michigan
www.waldorfsemi.org

West Coast Institute for Studies
in Anthroposophy
Sechelt, British Columbia, CANADA
www.westcoastinstitute.org

www.whywaldorfworks.org

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